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WIN
**FREE
STUFF**
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[the nest]

from *the knot*

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HIP HOME/LIFE HOW TO

HOW TO

fast & easy
grill recipes

your sex life
could it be
better?

(hint: yes, see page 26)

Rooney's NED BROWER &
Actress SARAH JANE MORRIS

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get a life!

397 ^{killer} tricks to
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life and money

mmm...
bacon!



SUMMER 2010

LOVE
LIVING
LIFE

A pair of elephants graze at Serengeti National Park, a popular safari spot.

6 TRIPS FOR TWO places to go **before** you have kids

These destinations are too sexy, too adventurous and too faraway for tikes. So enjoy them now!

By Cemile Kavountis



moshi, tanzania

There's tons to do in this top adventure destination, like going on a safari near the Ngorongoro Crater (a hotbed for wildlife). Hiking Mount Kilimanjaro also sets the "thrill" bar high—like 19,341 feet high—but it takes days of serious hiking to get to the top (you'll sleep in tents along the way).

WHERE TO STAY

- Located on the southern slopes of Kilimanjaro, the brightly colored Springlands Hotel is outfitted with African handicrafts and supports "green" tourism (from \$72; SpringlandsHotel.com).
- Head north from Serengeti National Park for comfy tents at the Ikoma Safari Camp (from \$300; IkomaSafariCamp.com) or go east to the Pongwe Beach Hotel in Zanzibar (from \$130; Pongwe.com).

WHAT TO DO

- Sign up for a tour with a company like 2Afrika (they'll help plan your safari from bottom to top). En route to Serengeti National Park, stop at Lake Manyara in the scenic Rift Valley (2Afrika.com).
- Check out the sand art colors of the Olduvai Gorge, a ravine in Great Rift Valley.
- Visit the Ngorongoro Conservation Area and Crater where you'll see black rhinos and more (Ngorongoro-Crater-Africa.org).

- Go to a Maasai manyatta (another word for "homestead"). These indigenous people are known for their tribal dress, including robes, beaded necklaces and walking sticks (Maasai-Association.org).

WHAT TO BRING

Outdoor gear. There aren't any outdoor outfitters in Tanzania, so bring day packs, sleeping bags and lots of layers (you'll need clothing for all four seasons). Shorts, sweaters and rain jackets are all essentials.

Dinner goes late into the night at the island's many open-air restaurants.

mykonos, greece

Since the days of the ancient symposia, when philosophers like Plato discussed issues while playing a prototype of beer pong (no, really!), Greeks have loved to party. Even adults take a daily afternoon snooze to recharge before dancing all night.

WHERE TO STAY

■ The stucco walls, blue shutters and classic furniture make the Tagoo Hotel feel about as authentic as a Greek yaya's home—with a posh roof-balcony

pool (from \$94; HotelTagoo.gr).
■ Near the center of Mykonos, couples-only Bill & Coo Suites and Lounge has a swank cocktail bar and pool overlooking the Aegean Sea (from \$290; Bill-Coo-Hotel.com).

WHAT TO DO

■ See offshore reefs with Mykonos Diving Center, which offers training for rookies (Dive.gr).

■ Go al fresco at Matsuhisa Mykonos at the Belvedere Hotel. The sushi hot spot is a fave among celebs ([Belvedere Hotel.com](http://BelvedereHotel.com)).

■ Rent a moped and check out the island's 20 beaches.

■ Hit Cavo Paradiso where hot global DJs like Carl Cox and David Morales have manned the decks ([Cavo Paradiso.gr](http://CavoParadiso.gr)).

WHAT TO BRING
Deodorant. Many stores don't have it. >

Are we there yet? Bush planes are a popular mode of travel in Alaska.



talkeetna, alaska

Ready for some serious action? Touch down in Anchorage and take a bush plane to the one-time mining town of Talkeetna. The treacherous transport alone makes this a not-so-kid-friendly destination (although it's a wild ride for adults).

WHERE TO STAY

- A five-mile hike from a historic 59er homestead cabin, the family-run Denali Fireside Cabins & Suites brims with welcoming charm in its cute cabin suites with gas fireplaces, covered outdoor decks and hand-sewn quilts (from \$99; DenaliFireside.com).
- On the south side of Mount McKinley, the mid-size Talkeetna Alaskan Lodge is a comfortable base with romantic add-ons like Jacuzzis and fireplaces (from \$209; TalkeetnaLodge.com).

WHAT TO DO

- Flight-see over the alpine tundra, granite

gorges and glaciers that surround Mount McKinley and Denali National Park. Tip: This isn't an excursion to take if you get motion sickness (TalkeetnaAir.com).

- Heli-ski (a commonly used term for accessing off-trail, downhill skiing via helicopter instead of a ski lift) near Anchorage with Chugach Powder Guides (ChugachPowderGuides.com).
- Put your best camera to use in Denali National Park & Preserve, but respect the park's guidelines on how close you can actually get to the grizzly bears that inhabit the area (NPS.gov/dena).
- Register at least two months ahead of


your trip if you want to go on a climbing expedition on Mount McKinley (you'll need to get a permit). Hire a guide or head out on your own (NPS.gov/dena).

- Meet the sled dogs of Denali with a visit to the park's very own kennel.

WHAT TO BRING

A sleep mask. During summer months, the sun sets as late as 11:40 p.m. in southern parts of the state and doesn't set at all for 84 days in the northernmost regions. In the winter, bring a watch with an alarm setting—Anchorage only gets six hours of daylight in December, making it somewhat hard to keep track of time.

COURTESY OF TALLEETNA AIR



Scream your heads
off as you bungee
from the now-famous
Kawarau Bridge.

queenstown, new zealand

After laughing your ass off through two seasons of *Flight of the Conchords* and being mesmerized through three super-long installments of *The Lord of the Rings*, you're ready to see what this natural beauty is all about. What you're not ready for? A marathon 13-hour flight from L.A. to Auckland with a crying baby/squirming toddler/inquisitive five-year-old kicking the seat in front of you nonstop.

WHERE TO STAY

■ Looking out to the blue Lake Wakatipu, the windows of the year-old Rees Hotel & Luxury Apartments seem more like an HD screensaver. The rooms in this cozy upscale lodge have custom furniture and super-private balconies (from \$130; [TheRees.co.nz](#)).

■ Stay at the country-chic Dairy Private Luxury Hotel

after hitting New Zealand's outdoors. It's worth it just for the buffet: made-to-order pancakes, eggs, bacon and corned beef hash browns (from \$320; [TheDairy.co.nz](#)).

WHAT TO DO

■ Take the plunge with a bungee jump off the legendary Kawarau Bridge ([Bungy.co.nz](#)), the spot where the craze all started.

■ Get a bird's-eye view of Lake Wakatipu and the mountains; then sky-dive ([NZSkyDive.co.nz](#)) or take a thrilling loop-di-loop acrobatic flight ([JagAir.co.nz](#)).

■ White water raft the choppy Shotover River with up to grade five rapids if you're really serious paddlers. First-timers will be steered toward the lackadaisical Kawarau River ([Queenstown Rafting.co.nz](#)).

WHAT TO BRING

Sunscreen. Kiwis adopted their own version of "stop, drop and roll" for sunburn: "slip, slop, slap and wrap," as in slip on a shirt, slop on SPF, slap on a hat and wrap on a pair of sunglasses. >

At sunset, visit the temples at Angkor Wat, which date back to the twelfth century.



siem reap, cambodia

Bus from the capital, Phnom Penh, to the ancient city of Siem Reap. It's not the sort of ride you'd take kids on; it's six hours, and the locals have a habit of singing karaoke (fun for entertainment, bad for napping). Plus, the buses rarely have seatbelts, and you'd be hard-pressed to find a car seat even if there were something to strap it in with. The ride's well worth it though to see the 900-year-old ruins and stunning landscape.

WHERE TO STAY

- The earthy, minimalist aesthetic of the seven-room Viroth's Hotel feels just like stepping into a rock garden with a well-placed salt-water pool, rooftop Jacuzzi and spa (from \$90; [Viroth-Hotel.com](#)).
- Go for the name, stay for the bargain basement nightly rates at The Kool Hotel, where you'll also get discounts on food and massages. The friendly staff rolls out the welcome mat with a refreshing drink when you arrive, serves up awesome local dishes

and can arrange any day trips you desire (from \$37; [KoolHotel.com](#)).

WHAT TO DO

- Check out the ancient temples at Angkor Wat at sunset—or sunrise—nicknamed the “magic hours” for shutterbugs.
- Explore the floating village of Kompong Phluk and the flooded forest with a local tour service like Saron Tours. Or have your hotel arrange a trip with a local guide ([SaronTours.com](#)).
- Shop for silk hangings and Buddhist

curios at the stalls of the Old Market (Phsar Chas) on the south side of town.

- Hunker down in a plastic chair on the north end of the Old Market and try the super-cheap street food, like Khmer satay.
- Drink and dance at Nest, a bar-café that serves up small plates while DJs set a relaxed lounge vibe ([NestAngkor.com](#)).

WHAT TO BRING

Bug spray. The (very) hot, humid climate is essentially a gigantic breeding ground for mosquitoes and other insects that bite. >

jose ignacio, uruguay

Travelers have been heading to Argentina lately, but the real gem is the hot spot next door. Skip the cities and head to some of Uruguay's most popular remote beach towns, like Jose Ignacio and Cabo Polonio. The latter is full of bars that still operate by candlelight, but don't be fooled—the super-sexy ambiance is really because there's no electricity.

WHERE TO STAY

■ Just a short walk from a vast beach, there are plenty of hammocks to chill out on outside the eight rooms at Posada Arenas de Jose Ignacio (from \$120; Posada RenasdeJose Ignacio.com.uy).

■ Want to feel like a celeb? Naomi Watts and Paula Abdul have hidden away at the glamorous yet mellow Casa Suaya (from \$150; CasaSuaya.com).

WHAT TO DO

■ Go on a full-moon horseback ride along Laguna Garzón beach (HarasGodiva.com).
■ Hire a resident fisherman to take you out for a catch—or a scenic boat cruise.
■ Visit the Jose Ignacio Lighthouse.

■ Learn to windsurf with Laura Moñino in Laguna Garzón (KiteYWindsurf Laura.com).

■ Drive a half-hour to Punta del Este and take a boat to see sea lions at Isla de Lobos.

WHAT TO BRING

Cash. There are no ATMS in Jose Ignacio—and most places don't accept credit cards. [n]

Old fishing boats sit idly in the sand. Local fishermen are known to take them out for private tours.

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