

SUMMER STARTS NOW! 5 GREAT U.S. TRIP IDEAS

TRAVEL + LEISURE

APRIL 2008

SAN FRANCISCO

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26

TRAVEL SECRETS

AIRLINE AND HOTEL TIPS,
AVOIDING ONLINE BOOKING AND
SECURITY NIGHTMARES,
HOW TO SCORE RESERVATIONS,
BETTER SEATS, DEALS, AND MORE...

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ST. LUCIA

Discover a CARIBBEAN GEM*

Nestled between the Atlantic Ocean and the Caribbean Sea, St. Lucia is an idyllic island oasis of extraordinary tropical beauty, world class resorts, heavenly spas, fantastic recreational pursuits and magnificent dining. This Windward Island gem boasts 240 square miles of verdant forested peaks, soft sandy beaches and sapphire waters. A mountain range runs down the center of the island, the lush green slopes splashed with the colors of jasmine, scarlet chenille and wild orchids. The two towering volcanic cones on the southwest coast, Gros Piton and Petit Piton, recall the romance of the South Pacific. Volcanic black, caramel coral and sugary white sands and turquoise waters encircle this Caribbean paradise. A more sublime setting would be hard to imagine just four hours from New York and three-and-a-half hours from Miami.

 St. Lucia
simply beautiful



Enjoy white sand
under a sunshade
on Saint Lucia
near Soufrière

THE VERY BEST OF SAINT LUCIA

SAINT LUCIA HAS BEEN VOTED THE MOST BEAUTIFUL ISLAND IN THE CARIBBEAN. FOUR OF ITS MOST PRESTIGIOUS BEACH RESORTS OFFER DIFFERENT WAYS TO DISCOVER ITS BEAUTY IN FIRST-CLASS LUXURY.



COTTON BAY:
Live the celebrity lifestyle with a million-dollar villa in this fabulous new village by the sea. A mile of pristine beach and 18 holes of championship golf on your doorstep. Great food, spa, and butler service are ultimate luxuries.

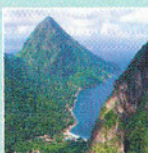
COTTON BAY VILLAGE

JALOUSIE PLANTATION:

Heaven meets earth here between the magic Piton Mountains. Its dramatic beauty has won it designation as a World Heritage Site.

A protected marine park sits right off the beautiful white sands of Forbidden Beach.

A great escape for you and your family.



Jalousie
OF KALININ
EST. 1975

THE BODYHOLIDAY:



Give us your body for a week and we'll give you back your mind in the world's first holiday of health and well-being.

Rejuvenate in first-class luxury as you enjoy a full wellness programme, golf and the most complete spa experience in the Caribbean.

the bodyholiday
LeSPORT

RENDEZVOUS:

The first and only boutique hotel for couples anywhere. Two miles of stunning white sand beach, glorious food and drink, first class accommodation, a complete programme of land and water sports are all complimentary. You think of nothing but your two hearts' desires as you capture an idyllic time in an idyllic place.



Rendezvous

Fabulous Fall Specials - Call Now

For more information and reservations

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u.s.reservations@sunswepresorts.com

www.SunSweptResorts.com



Watersports Galore

Given its sparkling crystal waters and picturesque coastline, St. Lucia is a hotspot for exceptional water sports. In Rodney Bay and Marigot Bay, two of St. Lucia's most popular marinas, you can charter sailboats, yachts and other sea-going vessels for excursions around the island and beyond. Anglers are drawn to St. Lucia as it offers some of the best deep seafishing in the world and is home to several species of big game fish. The island beaches are perfect spots for windsurfing, sailing, parasailing and waterskiing. Offshore, the coral reefs at Anse Chastanet, teeming with rainbow-hued tropical fish, are ideal for snorkeling and diving.

Cultural Heritage and History

Take time to explore St. Lucia's natural beauty and rich history on cultural heritage tours and at plantations and botanical gardens. A trip through Fond d'Or Nature Historic Park showcases the island's natural wonders and history. You'll view traces of an Amerindian settlement, tour historic sugar plantation buildings, hike trails through an estuarine forest to a wide white sand beach and enjoy a visit to Latille Waterfall. Visit Bonne Terre Tropical Gardens and explore four acres of lush gardens and a beautiful plantation house. And do not miss Anse La Raye, a traditional fishing village with quaint wooden houses and colorful fishing boats.

Hotels Imbued with Island Style Grace and Luxury

Set among mango trees in hilly outposts overlooking the sea, St. Lucia's hotels have a way of bringing together the island's simple beauty and unsurpassed leisure. From small

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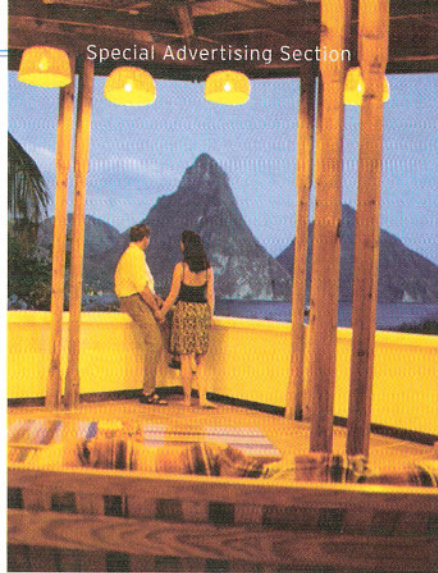
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luxury villas to sleek boutique hotels and stylish retreats, such as the celebrated Ladera resort, St. Lucia's accommodations embody the island's spirit of natural elegance and graceful service. For the serenity seeker, St. Lucia's award-winning spas and wellness centers offer the best in rejuvenating therapies and services, including massages, facials and wraps.

Delightful Dining and Exciting Shopping

The St. Lucian kitchen artfully combines fresh local produce and Creole spices. In addition to sampling the island's inventive flavors, you'll also find excellent international eateries. Not surprisingly, nearly every restaurant offers fish and seafood options. Restaurants are scattered throughout the island at hotels, local intimate settings and in various malls. Serious shoppers will adore St. Lucia's stellar offerings. Take advantage of duty-free deals on jewelry, designer-label perfume, china, clothing and more at La Place Carenage, Pointe Seraphine and J.Q.'s



Shopping Mall and experience the vibrant century-old Castries Market, which is particularly lively on Saturday and especially during annual events such as St. Lucia Jazz and Carnival. Pick up handcrafted items at 100-year-old Caribelle house, where you can watch local artisans make batik and screenprints, and take home unique hand-woven baskets, placemats, chairs and woodcarvings from Choiseul Arts & Crafts center.



Opposite Page: Marigot Bay.
This page: Couple Viewing
Pitons; Seafood Rôti.

WHERE TO STAY ON ST. LUCIA

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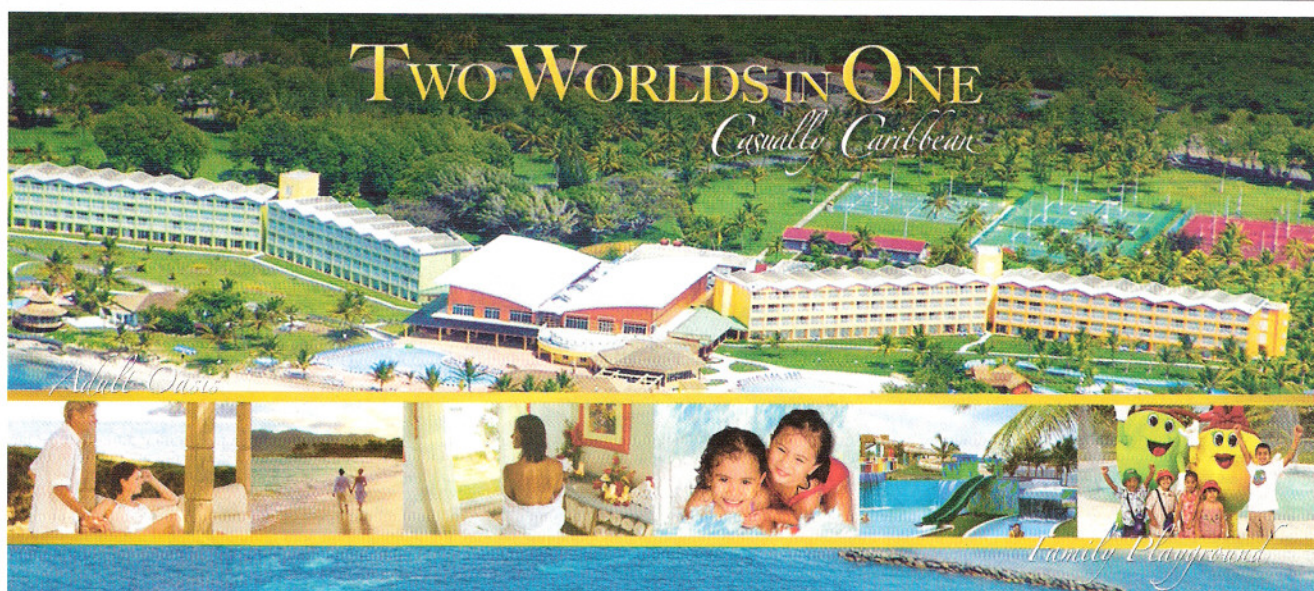
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